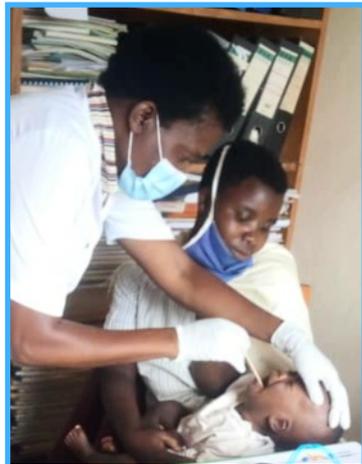


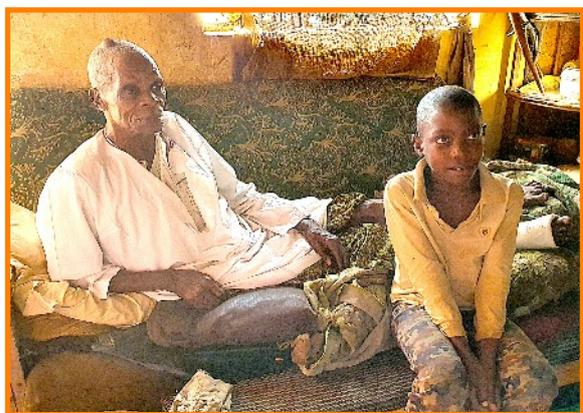
HEALTHY BODIES, HEALTHY LIVES

Keeping healthy is one of the hardest things to do for many of the people we meet and support in Africa. Poor living conditions, limited access to clean water in some areas, inability to afford enough food and poor access to health facilities can add up to a very difficult road to keeping healthy. With your help, Christian Hope supports 3 nurses in clinics in Rwanda and Uganda, funds health camps in rural areas, and are now endeavoring to pay health insurance in Rwanda and Uganda for the families our sponsored children live with.



CHI also work with local pastors to deliver healthy living advice, and send seeds and livestock to help with producing good quality food. Our nurses also travel into the communities raising awareness of birth control, AID's avoidance/treatment and vaccination.

A simple infection, left untreated, can lead to amputation as it did for Silas in Byumba, who now struggles around on unwieldy crutches having lost his leg



beneath the knee after a football accident at 6 years old.

Emmanuel missed a lot of school as he became the sole provider in his house when his father broke his leg. Had Silas had his accident during his sponsorship he quite probably would have had access to antibiotics and so saved his leg.. If Emmanuel's father had been covered by insurance he would have been able to access the hospital care needed to repair his leg. CHI hopes to avoid similar situations in the



future; your donations have already covered many situations including tooth extraction, malaria treatment, fractures, hernias, eye infections and asthma issues to be addressed.

CHI THANKS YOU, OUR SUPPORTERS, FOR MAKING THIS HAPPEN

OUR BANK DETAILS HAVE CHANGED

Bank: Co-Operative Bank

Account Name: Christian Hope International

Account No: 67224036

Sort Code: 08-92-99

NOTE FOR SPONSORS: A reminder that gifts for sponsored children should be received in the 'odd-numbered' months (Jan, Mar, May, Jul, Sept, Nov), should be lightweight and fit into an A5 envelope. Financial gifts should also be received before the end of the month, ready for transfer in the 'even-numbered' months. **THANK YOU**

Lord, by such things people live; and my spirit finds life in them too.

You restored me to health and let me live.

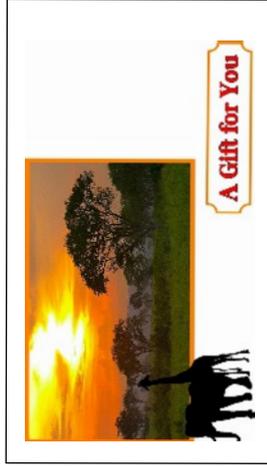
Isaiah 38:16

If you would like to help bring HOPE to those in need, donate by BACS, cheque payable to Christian Hope International, phone the office or visit our website www.christianhope.org.uk

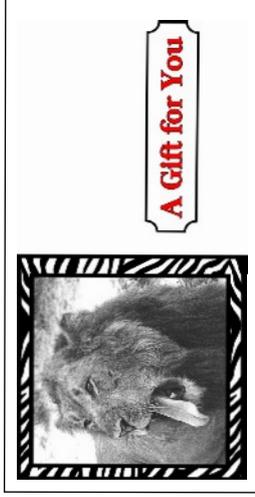


GIFTS OF KINDNESS

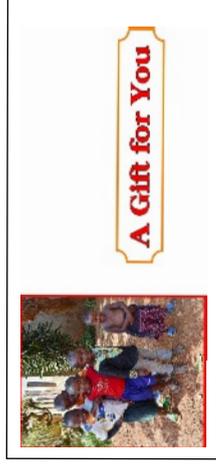
Solve those "awkward to buy for" gifts through the CHI gift shop. Simply choose a design, choose your gift(s), tell us the occasion and we will do the rest. More gift options are available through the website.



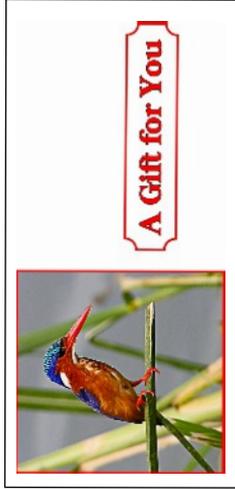
A Gift for You



A Gift for You



A Gift for You



A Gift for You



2022
CALENDAR
Last few available

£5 each or 2 for £8

GIFT SHOP

1. Choose your gift(s) and write the quantity in the box. 2. Choose your wallet design(s). 3. Return the form and donation to the office. **Orders can also be placed online or by phoning the office.**

Gifts for Education

<input type="checkbox"/>	£5	School equip. (a term)
<input type="checkbox"/>	£10	School uniform
<input type="checkbox"/>	£10	Buy a Text Book
<input type="checkbox"/>	£15	Vocational Tools
<input type="checkbox"/>	£10	Solar Lamp

Gifts for Health

<input type="checkbox"/>	£3	Health Ins. (per per/per yr)
<input type="checkbox"/>	£5	Medicines
<input type="checkbox"/>	£5	School Lunch (a term)
<input type="checkbox"/>	£8	Nurse + (1 day)
<input type="checkbox"/>	£10	Mosquito Net
<input type="checkbox"/>	£10	Sanitary towels (for a year)

Livestock & Agriculture Gifts

<input type="checkbox"/>	£5	Hen	<input type="checkbox"/>	£5	Seeds
<input type="checkbox"/>	£25	Pig	<input type="checkbox"/>	£10	Fertiliser
<input type="checkbox"/>	£30	Goat	<input type="checkbox"/>	£10	Harvest Tools

Gifts for Building

<input type="checkbox"/>	£ 5	150 Bricks
<input type="checkbox"/>	£10	Roofing Sheets
<input type="checkbox"/>	£10	Bag of cement
<input type="checkbox"/>	£35	Truck of sand

Gifts for Spiritual Growth

<input type="checkbox"/>	£10	Bible
<input type="checkbox"/>	£15	Youth Mission
<input type="checkbox"/>	£50	Bike for a Pastor

TOTAL VALUE OF GIFTS £ _____

In the event that these funds cannot be reasonably, efficiently and fully spent where specified, the charity reserves the right to use donations to benefit other projects in the same generic fund.

Gift Wallets: Quantity

<input type="checkbox"/>	Children	<input type="checkbox"/>	Lion	<input type="checkbox"/>	Sunset	<input type="checkbox"/>	K'fisher
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Calendars: Quantity *Suggested donation* £5 each or 2 for £8 **£** _____

Includes postage

Your Details We will post your order to you at this address

Name: _____

Address: _____

Tel _____

Postcode _____

Email _____

Please tick to Gift Aid your donation